

AT A GLANCE

About Our Patients and Programs

Located in the heart of Toronto's Riverdale neighbourhood, Bridgepoint Active Healthcare is responding to the changing needs of today's patients – and the Canadian healthcare system – while contributing to the revitalization of our community. Active healthcare puts the patient at the centre of their care. Through groundbreaking research, academics, specialty care, primary care, restorative care and ongoing support, our goal is to help every person living with multiple health conditions see what's possible and live better.

Bridgepoint Active Healthcare includes:

- Bridgepoint Hospital
- Bridgepoint Family Health Team
- Bridgepoint Collaboratory for Research and Innovation, and
- Bridgepoint Foundation.

Bridgepoint Hospital provides inpatient and outpatient care. Our outpatient Ambulatory Care services are designed to ensure a smooth and safe transition between hospital and community, and to assist with coping and adaptation needs of patients and families. Our inpatient programs include:

- **Medical Rehabilitation** (93 beds) – focused on frail elderly patients, patients with cardiopulmonary conditions, and those living with complex medical needs
- **Musculoskeletal Rehabilitation** (69 beds) – for patients recovering from complex orthopaedic surgery or trauma, or progressive bone and joint disorders
- **Neurological Rehabilitation** (75 beds) – designed for patients with moderate to severe impairment from a stroke, brain injury, or neuromuscular condition
- **Specialized Medical and Complex Care** (167 beds) – focused on stabilizing, optimizing health, reducing risk, and maintaining function for patients living with significant health impairment, disability or advanced stage disease

With Canadians' life expectancy increasing, Bridgepoint's active healthcare approach is critical to creating a sustainable healthcare system

Bridgepoint by the numbers: People and programs

- 404** beds in operation
- 11** specialty clinics and services
- 65.2** mean age of complex care patients
- 5.2** mean number of conditions of complex care patients
- 124,709** complex care patient days* in 2012
- 33,890** complex rehabilitation patient days in 2012
- 17,470** Ambulatory Care visits in 2012
- 25,000** annual patient visits to the Family Health Team
- 30** research projects
- 1,125** staff, clinicians, researchers and physicians
- 604** students trained in 2012
- 14** academic partners
- 16,346** volunteer hours in 2012
- 8** dog teams

* 'Patient day' is a unit of time during which hospital services are used by a patient (e.g. 50 patients in hospital for 1 day = 50 patient days)

FACT

80% of Ontarians over 45 live with a chronic condition; of these, 70% have two or more chronic conditions¹

FACT

1% of Ontarians account for 34% of Ontario health care expenditures; 80% of the 1% are over 65²

FACT

5% of Ontarians account for 84% of combined hospital and home care costs³

About Our Facilities and Design Features

The most tangible symbol of our organizational transformation is the redevelopment of our site into a campus of care. Bridgepoint Hospital is a convergence of excellence in design, technology, clinical expertise, research and teaching – specifically designed to help people live better.

We give our patients more control, collaboration, support, independence, a voice in their treatment, and, ultimately, greater potential for a better quality of life long-term. The ample indoor and outdoor common areas provide patients the ability to form communities of care so they can get back to what matters most.

Indoor spaces

- Auditorium (patient) – 10th Floor: this is the main space used for hospital-wide patient activities.
- Food court/public dining – Main Floor (opens May 2013)
- Sacred Space – 5th Floor: open to patients, their families and friends, and staff
- Internet Café – 5th floor: open to patients and visitors
- Patient lounges – all patient units
- Margaret and Lee Lau Auditorium / Lecture Theatre (general) – Main Floor
- The Price Family Pool

Outdoor spaces

- Labyrinth – Main Floor
- West outdoor covered terrace
- 5th Floor Terraces
- Sacred Space terrace – 5th Floor
- Harold E. Ballard Foundation Garden (opens summer 2013) this roof garden is accessible to patients, staff and visitors

“I think what I love most about this is the spectacular view and the light - it's filled with natural light so that patients get that feeling of, 'I'm going to get better, and I'm going to get back out there, and be part of what's going on outside.'”

Donna, Chef, Restaurateur and Bridgepoint Patient

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Bridgepoint Active Healthcare provides care and services to adults living with complex health conditions. Active healthcare is what we do: we manage, deliver, research and coordinate the highest quality care for adults living with conditions like diabetes, stroke, heart disease, mental illness, cancer, and respiratory, neurological and degenerative diseases. We work with patients, and with health and community care providers, to create a collaborative plan that encompasses the individual's overall medical and psychosocial well-being.

Affiliated with the University of Toronto, Bridgepoint includes the Bridgepoint Hospital, Bridgepoint Family Health Team, Bridgepoint Collaboratory for Research and Innovation and Bridgepoint Foundation.



Bridgepoint by the numbers: Facilities and Design

Old hospital

- 0 Showers in patient rooms
- 37 Washrooms (communal)
- 146 Patient rooms (2-bed and 4-bed only)
- 11 Meeting rooms
- 7 Elevators
- 2 Outdoor spaces

New hospital

- 212 Showers in patient rooms
- 324 Washrooms (within patient rooms)
- 324 Patient rooms (2-bed and 1-bed)
- 47 Meeting rooms
- 11 Elevators
- 6 Outdoor spaces

“From passers-by to patients, neighbours to visitors, it will be impossible to ignore the rightness of the new Bridgepoint, and the sheer common sense and humanity behind its most basic moves. It will force us to look back and wonder what we've been thinking for the last few decades.”

Christopher Hume,
Toronto Star - April 11, 2013

 **BRIDGEPOINT**
active healthcare